

## DEWEYVILLE INDEPENDENT SCHOOL DISTRICT

## Physical Activity for Students in Elementary and Middle School

In accordance with policies at EHAB, EHAC, EHBG the district will ensure that students in full day prekindergarten through grade 5 engage in moderate or vigorous physical activity for at least 30 minutes per day or 135 minutes per week.

Students in middle or junior high school will engage in 30 minutes of moderate or vigorous physical activity per day for at least four semesters OR at least 225 minutes of moderate or vigorous physical activity within each two-week period for at least four semesters.

For additional information on the district's requirements and programs regarding elementary, middle, and junior high school student physical activity requirements, please see the principal.

(From page 40 of the 2014-15 Student Handbook and Code of Conduct)